## **GIDUTIKAD WELLNESS CENTER**

Phone: 530-537-3628



Monday- Friday: 5 am-9 am, 12 pm-7 pm

Sundays: 8 am-12 pm

**Closed during Holidays** 

## ALL ARE WELCOME!!!!

TAKE THE FIRST STEP AND JOIN US AT THE GIDUTIKAD WELLNESS CENTER. LET US HELP YOU BEGIN YOUR HEALTH AND WELLNESS JOURNEY. IT IS NEVER TOO LATE, WE ARE HERE TO BE YOUR ENCOURAGEMENT!

SERVICES PROVIDED: TV, WIFI, TOWELS, MEN'S/WOMEN'S SHOWER, TREADMILL, ELLIPTICAL, TREAD CLIMBER, RECUMBENT BIKE, BENCH PRESS, DUMBBELLS, POWER RACK, BARBELLS, SAUNA, LOCKERS, PRIVATE ROOM FOR INDIVIDUAL EXERCISE

## **MONTHLY FEES:**

- FBIC TRIBAL MEMBERS- FREE
- NON-FBIC TRIBAL MEMBERS- \$30
- NON TRIBAL MEMBERS- \$40
- ONE DAY WALK-IN- \$10

## \*\*Schedule subject to change.

Please review the ongoing calendar at https://gidutikadpaiute.com

Address: 872 Su-Muh-Puh-Ku Rd, Fort Bidwell CA 96112